

Room-by-Room Waste Audit Checklist

THE BATHROOM

- ☐ Shower: Plastic shampoo/body wash bottles? Synthetic loofah/pouf?
- ☐ Counter: Disposable cotton rounds? Plastic toothbrushes?
- ☐ Cabinet: Redundant, expired products? Makeup in non-recyclable packaging?
- ☐ Solution Focus: Bars over bottles, reusable rounds, bamboo or electric toothbrushes.

THE KITCHEN

- ☐ Fridge: Food in plastic clamshells? Unused leftovers? Condiment graveyard?
- ☐ Pantry: Redundant items? Snacks in single-use plastic? Bulk bin section underutilized?
- ☐ Counter: Single-use coffee pods? Plastic-wrapped sponges? No compost bin?
- ☐ Drawers: Pile of plastic bags? No reusable alternatives (silicone bags, beeswax wraps)?
- ☐ Solution Focus: Meal planning, refillery shopping, compost system, reusable tools.

LIVING AREA & WORKSPACE

- ☐ Surfaces: Junk mail pile-up? No designated paper sorting system?
- ☐ Drawers: “Junk drawer” chaos? Old electronics/cables (e-waste)?
- ☐ Commuter Kit: No reusable water bottle/coffee cup? No reusable utensils?
- ☐ Solution Focus: Digitalize bills, create a “frequently used” utility drawer, build an on-the-go kit.

BEDROOM & CLOSET

- ☐ Closet: “Fast fashion” items with poor construction? Clothes rarely/never worn?
- ☐ Drawers: Mismatched socks? Underwear/t-shirts needing replacement?
- ☐ Solution Focus: Adopt a “one-in-one-out” rule, prioritize natural fibers, research repair.

HIDDEN ZONES (LAUNDRY/STORAGE)

- ☐ Laundry: Plastic detergent jugs? Dryer sheets? Synthetic fabrics washed without a filter?
- ☐ Under Sink: Multiple plastic spray bottles? Disposable cleaning wipes?
- ☐ Storage: “Someday” items (hazardous waste, old paint, broken electronics)?
- ☐ Solution Focus: Concentrated detergents, wool dryer balls, multi-purpose DIY cleaners, proper disposal of hazardous waste.